



PENNSYLVANIA
COST OF USING TOBACCO PRODUCTS FOR 2009



CIGARETTES

Smoking is a costly habit. Major brands of cigarettes purchased in Pennsylvania cost from \$4.35 to \$5.81 a pack or an average of \$4.92 a pack. This does not include a 6% Pennsylvania sales tax. Generic brands are from \$3.71 to \$4.86 a pack not including Pennsylvania sales tax. If you smoked brand name cigarettes, you would spend:

<u>Daily Use</u>	<u>Cost/Month</u>	<u>Cost/Year</u>
½ pack	\$73.80	\$885.60
1 pack	\$147.60	\$1,771.20
1½ packs	\$221.40	\$2,656.80
2 packs	\$295.20	\$3,542.40
2½ packs	\$369.00	\$4,428.00
3 packs	\$442.80	\$5,313.60

If you smoked one pack of cigarettes a day for ten years, you have spent \$17,712.00 which has gone up in smoke. If you quit, what could you buy for \$1,771.20 a year?

- Senior class trip and graduation expenses
- A new computer and printer
- 2 years cell phone service
- 200 hair cuts
- Down payment on a car
- Gasoline for a several months
- 10 years on the internet
- Money in your savings account for a rainy day
- A bunch of new clothes!
- Car insurance – Allstate® basic \$1700 for half a year

SMOKELESS TOBACCO

Smokeless tobacco is especially attractive to teenage boys and young men. A brand name 34 gram can of snuff costs approximately \$2.48.

<u>Daily Use</u>	<u>Cost/Month</u>	<u>Cost/Year</u>
¼ can	\$18.63	\$223.56
½ can	\$37.26	\$447.12
¾ can	\$55.89	\$670.68
1 can	\$74.50	\$894.00

If you used ½ can of smokeless tobacco each day for ten years, you have spent \$4,471.20. Think of what you could buy with that money.

OTHER WAYS THAT SMOKING COSTS MONEY

- Health costs connected to smoking are expensive. Thirty percent of all cancers and 80 - 90% of all lung cancers can be connected to smoking. Smokers are twice as likely to get heart disease.
- Smokers are more likely to have chronic respiratory diseases. Infant mortality is connected to pregnant women who smoke.
- Smokeless tobacco results in increased cavities and gum disease. A dentist can spot gum loss three months after a person starts using smokeless tobacco.
- Cigarettes are the leading cause of home fires where someone dies.
- Life insurance premiums are higher, up to twice as much.

